

# COUNSELING EDUCATION (COED)

## **COED 612 Counseling for Human Growth & Lifespan (3 Credits)**

In this course, candidates will be able to understand the stages of lifespan development with applications to counseling. Current research findings on major developmental issues including physical, social, emotional, speech and language, and cognitive processes of individuals will be emphasized.

## **COED 620 Legal and Ethical Issues in Counseling (3 Credits)**

This course provides an orientation to ethics in the counseling profession through identifying and exploring relevant issues in counseling practice through research, teaching and examining ethical dilemmas commonly experienced by professional counselors. Coursework covers ACA ethical standards, national and state laws, and regulations as related to accountability, responsibility, client welfare, emotional health, institutional policies, cross-cultural and cross-social class practices, and their impact on the counseling profession. Focal areas include professional roles and functions, professional identification, the discipline appropriate professional associations and organizations, and publications regarding best practices and strategies in providing counseling services to students, individuals, and families in various counseling settings.

## **COED 621 Principles of Counseling (3 Credits)**

This course provides an understanding of counseling theory and strategies. Focus is placed on developing skills to work with families, individuals, and crisis interventions. Participants will gain an understanding of the counseling theories used in psychodynamic approaches, humanistic, cognitive, and behavioral genres.

## **COED 622 Counseling Theory and Psychotherapy (3 Credits)**

This course is designed to explore the counseling process by examining specific theories and related research. The counseling theories examined in the course include Psychoanalytic, Adlerian, Existential, Person-Centered, Gestalt, Behavior, Cognitive Behavior, Reality, Feminist, Postmodern, and Family Systems with emphasis placed on developing effective techniques for facilitating individual counseling sessions and interviews, helping clients adjust to change, and sponsoring clients' self-exploration, self-understanding, and self-evaluation. This course aims to familiarize counselor candidates with the application of counseling theory in all aspects of the program as well as the counseling profession.

## **COED 623 Counseling Techniques and Skills (3 Credits)**

This course is intended to give the beginning counselor an opportunity to explore and focus on the practice of basic counseling skills and the experiential application of theories and basic techniques of counseling. This course includes in-class and outside class components. Class time will include instruction, demonstration of skills, student practice of skills, showing of students' videos, evaluation of students' work, and the giving of feedback by the professor and by class members. The outside class component requires small group cooperation in the making of a video each week to demonstrate the skills being taught and practiced.

## **COED 630C Community and Agency Counseling (3 Credits)**

This course provides an in-depth study of community counseling settings. Pre-service counselors are exposed to relevant issues in the counseling profession including, but not limited to, national accreditation standards for counselor education programs, counseling certifications, and state licensure guidelines. Coursework emphasizes counseling and consulting skills that prepare counseling candidates to provide effective client assistance and work collaboratively in the community.

## **COED 631C Introduction to Professional Counseling (3 Credits)**

This course highlights the basic roles and skills of a professional counselor. The historical developments that led to the establishment of counseling as a profession, the impact of the profession on society, the significance of the counseling process, and research and trends in the profession are discussed. This process encourages exploration of personal motivations for wanting to become a professional counselor and professional counseling identity.

## **COED 632 Group Counseling and Human Relationships (3 Credits)**

This course is designed to introduce interpersonal counseling skills necessary in group counseling by exploring group dynamics and group procedures in various counseling settings. This course focuses on analysis of the group process by examining theories and research related to group counseling. Coursework emphasizes the development of effective techniques for conducting group sessions, discussions and interviews, helping clients adjust to change through a group counseling setting, and facilitating clients with self-exploration, self-understanding, and self-evaluation through the group process. The course provides counseling candidates an opportunity to observe and participate in the group counseling process.

## **COED 638 School Counselor Classroom Management (3 Credits)**

This course focuses on the theory and practice of classroom teaching and management. Students learn ways to create a positive, supportive, and respectful learning environment, create and present interesting and meaningful classroom guidance lessons, and effectively address a range of challenges in the prek-12 classroom. Candidates will also discuss and understand diverse learning styles of students in order to utilize interventions to positively impact their achievement.

## **COED 640 Family Systems (3 Credits)**

This course is designed to assist candidates in the study of family systems and dynamics by critically analyzing counseling theories and techniques. Emphasis is placed on family structure, dynamics, strategies, and techniques employed in family counseling and family functioning.

**Prerequisites:** Take COED-622;

## **COED 644 Addiction Counseling (3 Credits)**

This course provides a summary of addictions counseling based on practical application of both theory and research. Trends in substance abuse counseling are highlighted throughout the course. Experiential activities are utilized to further enhance understanding of addictions theory and research.

**Prerequisites:** take COED-622;

## **COED 645 Testing & Assessment in Community/School (3 Credits)**

This course is designed to examine individual and group approaches to formal and informal counseling testing and assessment techniques used in the community and schools. The course includes an examination of the various assessments, use of collaborative information, clarification of assessment concepts, tests selection for various populations, test administration, results interpretation, statistically relevant measures, and ethical and legal issues relative to assessment. Throughout the course, interactive exercises, such as observation, immersive studies, and discussion exercises are provided to assist in applying the information and to assist in facilitating the integration of the material into assessment, administration, and interpretation. This course addresses the growing trends of assessment in the counseling profession in various settings within community and school systems.

**COED 650 Diagnosis and Treatment (3 Credits)**

This course provides an in-depth review of a broad spectrum of psychopathological conditions as defined in the DSM-5. The focus of this review includes the etiology, prevalence and incidence, signs and symptoms, and criteria for differential diagnosis. The emphasis of this review will be on comparing and contrasting different theoretical perspectives on each disorder and reviewing the empirical literature in support of these theoretical perspectives.

**Prerequisites:** take COED-622;

**COED 662 Introduction to Rehabilitation Counselin (3 Credits)**

This course introduces students to rehabilitation, counseling including history, organizations,, diverse roles, and credentialing standards. The , course focuses on counseling individuals with, disabilities and related support systems which, encompasses working in the school system , and rehabilitation agencies. Coursework exposes, students to different theories of rehabilitation, counseling and practical application of, models in work environments with emphasis on, transition, supported employment, and centralized, service delivery systems.

**COED 663 Rehabilitation Counseling Case Managemen (3 Credits)**

This course provides theoretical and practical, introductions to case management, business, engagement, and the rehabilitation process with , emphasis on vocational development and goals., Sociological, historical, and legal parameters are, studied including cultural and ability , variance as related to case management. The course, covers rehabilitation counseling settings,, advocacy, current trends in case , management highlighting individual program design,, counseling, utilization of resources, informed, choice, and federal mandates.

**COED 665 Occupational Rehabilitation Counseling (3 Credits)**

This course examines didactic and experiential, construct behaviors of practice concerns in, rehabilitation counseling and emerging issues , within the larger rehabilitation and disability, communities. The course explores the role/status, of persons with disabilities in society which, identifies attitudes and preconceptions of the, disabled population. Students draw upon their, values, knowledge, and experiences in , developing strategies devoted to respectfully, meeting the needs of their clients

**COED 669 Rehabilitation Counseling Internship (6 Credits)**

This course is designed to provide rehabilitation, counseling experiences in a 600-hour internship, that meets the CRC guidelines and , CACREP accreditation standards while providing, counseling experiences in rehabilitation settings, which include counseling, case , management, and assessment of individuals with, disabilities under supervision of a rehabilitation, professional. Completion of 600-clock , hours per course which include 240-hours of direct, hours and 360-hours of indirect hour is required.

**COED 677 Career Development/ Counseling (3 Credits)**

This course provides candidates with knowledge, skills, and competencies to respond appropriately to the attitudes, behaviors, feelings, and thoughts of students implementing the career counseling function. Additionally, candidates will learn how to assist students in acquiring, processing, and applying information relative to themselves and the world of work. This course is also designed to assist the candidate in synthesizing theoretical constructs and the application of theory in all career development areas.

**COED 680 Introduction to Counseling Supervision (3 Credits)**

This course explores supervision and consultation as unique skills and practices for counseling professionals and counselor educators. Candidates develop their understanding of the purposes of clinical supervision and consultation, theoretical frameworks and models of supervision and consultation, the roles and relationships related to clinical supervision and consultation, and legal, ethical, and multicultural issues associated with clinical supervision and consultation.

**COED 700 Psychopathology (3 Credits)**

This course is designed to provide an integrated approach for treatment of psychopathology for helping professionals in counseling and other behavioral health professions. Emphasis is placed on psychopharmacology, prevalent psychotherapies, theories of abnormal behavior, and development in clinical settings.

**COED 710C Counseling Practicum (3 Credits)**

The course is designed to provide orientation for candidates as they begin supervised work in the counseling profession. During this initial practicum experience, the candidates will apply knowledge and skills learned throughout the program in working with clients in a supervised, field placement. The candidates are required to complete 100 clock hours which are to be fulfilled in an academic term to includes a minimum of 80 hours per term of direct contact (counseling) hours with clients and a minimum of 10 hours of group work. The remaining 20 hours per term consists of indirect hours accrued performing other counseling-related duties. Candidates receive 1 hour of individual supervision by site and university supervisors weekly and 1-2 hours of group supervision during the academic term. The experiences must be approved by the Practicum Supervisor and Professor.

**COED 720 Crisis and Trauma Intervention (3 Credits)**

This course highlights conceptual and practical ideas of the impact of crises and other trauma-causing events while learning about the operations of an emergency management system within mental health agencies and in the community. Students will explore assessments, interventions, and other applications in crises and trauma situations. The effects of trauma due to crisis and the role of the mental health provider will be discussed.

**COED 793 Professional School Counseling Intern I (3 Credits)**

This course is part one of a two part 600-hour, school counseling internship designed to meet VDOE, school counseling licensure, CACREP, , and ASCA accreditation standards that provide, design, evaluation, and counseling experiences in, elementary, middle, or high school under , supervision of an onsite licensed school, counselor. Completion of 300-clock hours per, course which include 120-hours of direct hours, and 180-hours of indirect hours is required.

**COED 794 Professional School Counseling Intern II (3 Credits)**

This course is part two of a two part 600-hour, school counseling Internship designed to meet VDOE, school counseling licensure, CACREP, , and ASCA accreditation standards that provide, design, evaluation, and counseling experiences in, middle, high school, or elementary under , supervision of an onsite licensed school, counselor. Completion of 300-clock hours per, course which include 120-hours of direct hours , and 180-hours of indirect hour is required

**COED 795C Mental Health Counseling Internship I (3 Credits)**

This course is part one of a two part 600-hour, mental health counseling internship designed to, meet state licensure and CACREP standards , that provide clinical counseling setting, experiences which include assessment, diagnosis,, and treatment of cases working under weekly , supervision of an onsite independently licensed, professional. Completion of 300-clock hours per, course, which include 120-hours of , direct hours and 180-hours of indirect hours is, required.

**COED 796C Mental Health Counseling Internship II (3 Credits)**

This course is part two of a two part 600-hour, mental health counseling internship designed to, meet state licensure and CACREP standards , that provide clinical counseling setting, experiences which include assessment, diagnosis,, and treatment of cases working under weekly , supervision of an onsite independently licensed, professional. Completion of 300-clock hours per, course, which include 120-hours of , direct hours and 180-hours of indirect hours is, required.