

# COUNSELING EDUCATION (COED)

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## **COED 612 Counseling for Human Growth & the Lifespan (3 Credits)**

In this course, candidates will be able to understand the stages of lifespan development with applications to counseling. Current research findings on major developmental issues including physical, social, emotional, speech and language, and cognitive processes of individuals will be emphasized.

## **COED 620 Legal & Ethical Issues in Counseling (3 Credits)**

This course provides an orientation to ethical issues in the practice of school counseling. Ethical practices are examined through the use of case scenarios, which outline ethical dilemmas commonly experienced by professional school counselors. The course entails a review of court cases, federal and state legislation, school board policies, ethical codes, and related literature.

## **COED 621 Principles of Counseling (3 Credits)**

This course is intended to give the beginning counselor an understanding of counseling theory and strategies. It is intended to aid the prospective counselor in establishing a view of counseling based on a firm foundation supported by acknowledged theories of counseling. In addition, the student will develop skills to work with families, individuals, and crisis interventions. Participants will gain an understanding of the counseling theories used in psychodynamic approaches, humanistic, cognitive, and behavioral genres.

## **COED 622 Counseling Theories and Psychotherapy (3 Credits)**

This course is designed to explore the counseling, process by examining specific theories and the, related research. The counseling theories examined, in the course include: (a) Psychoanalytic; (b), Adlerian; (c) Existential; (d) Person-Centered; (e) Gestalt; (f) Behavior; (g) Cognitive Behavior; (h) Reality; (i) Feminist, (j) Postmodern; and, (k) Family Systems with emphasis placed on, developing effective techniques for facilitating, individual counseling sessions and interviews,, helping clients adjust to change, and sponsoring, clients' self-exploration, self-understanding, and, self-evaluation. This course aims to familiarize, counselor candidates with the application of, counseling theory in all aspects of the program as, well as the counseling profession.

## **COED 623 Counseling Techniques & Skills (3 Credits)**

This course is intended to give the beginning, counselor an opportunity to explore and focus on, the practice of basic counseling skills and the, experiential application of theories and basic, techniques of counseling. This course includes, in-class and outside class components. Class time, will include instruction, demonstration of skills,, student practice of skills, showing of students', videos, evaluation of students' work, and the, giving of feedback by the professor and by class, members. The outside class component requires, small group cooperation in the making of a video, each week that demonstrate the skills being taught, and practiced

## **COED 630C Community and Agency Counseling (3 Credits)**

This course provides an in-depth study of, community counseling settings to include municipal, mental health, social services, civic religious, organizations, penal institutions, military and, government services, rehabilitation and employment, agencies. Counseling candidates are exposed to, relevant issues in the counseling profession, including but not limited to national, accreditation standards for counselor education, programs, counseling certifications, and state, licensure guideline. Coursework emphasizes, counseling and consulting skills that prepares, counseling candidates to provide effective client, assistance and work collaboratively in the, community.

## **COED 631C Introduction Into Professional Counselin (3 Credits)**

This course is designed to give an overview of the, counseling profession through an understanding of, basic roles of a professional counselor through, educational, philosophical, and psychological, foundations of counseling as well as specific, traits and skills of professional counselors. The, course focuses on the historical developments that, led to the establishment of counseling as its own, profession, the impact of the profession on, society, the significance of the counseling, process and research and current trends in the, counseling profession. Comprehensive coursework, will encourage exploration of personal motivations, for wanting to become a professional counselor and, begin to articulate a personal identity as a, member of the counseling profession.

## **COED 632 Group Counseling Theories and Techniques (3 Credits)**

This course is design to introduce interpersonal, counseling skills necessary in group counseling by, exploring group dynamics and group procedures in, various counseling settings. This course focuses, on analysis of the group process by examining, theories and research related to group counseling,, Coursework emphasizes the development of effective, techniques for conducting group sessions,, discussions and interviews, helping clients adjust, to change through a group counseling setting, and, facilitating clients with self-exploration,, self-understanding, and self-evaluation through, the group process. The course provides counseling, candidates to observe and participate in the group, counseling process.

## **COED 638 Classroom Management for School Counselors (3 Credits)**

This course will help school counseling candidates, understand specifically, the knowledge of the, principles of classroom teaching and management,, They will learn ways to create a positive,, supportive, and respectful learning environment,, ways to present interesting and meaningful, classroom guidance lessons, and effectively, address a range of challenges in the prek-12, classroom. Candidates will also discuss and, understand diverse learning styles of students in, order to utilize interventions to positively, impact their achievement. Most importantly,, candidates will create lessons that focus on, empowerment and advocacy of all students.

## **COED 640 Family Systems (3 Credits)**

This course is designed to assist candidates in the study of family systems and dynamics by critically analyzing counseling theories and techniques. Emphasis is placed on family structure, dynamics, strategies and techniques employed in family counseling and family functioning.

## **COED 644 Addiction Counseling (3 Credits)**

This course provides a summary of addiction, counseling based on practical application of both, theory and research. The theoretical and practical, pragmatic counseling framework serves counseling, candidates who are training to be direct service, providers with the substance abuse and process, addictions population and clinicians who are new, to the field of addiction counseling and recovery,, Throughout the course, interactive exercises, such, as observation, case studies, and discussion, exercises are provided to assist in applying the, information and to assist in facilitating the, integration of the material into treatment and, recovery. This course also addresses the growing, trends of the substance abuse counseling, profession

**COED 645 Testing and Assessment in Counseling (3 Credits)**

In this course is designed to examine individual, and group approaches to formal and informal, counseling testing and assessment techniques used, in the community and schools. The course includes, an examination of the various assessments; use of, collaborative information; clarification of, assessment concepts; tests selection for various, populations; tests administration; results, interpretation; statically relevant measures, and, ethical and legal issues relative to assessment., Throughout the course, interactive exercises, such, as observation, immersive studies, and discussion, exercises are provided to assist in applying the, information and to assist in facilitating the, integration of the material into assessment, administration and interpretation. This course, addresses the growing trends of assessment in the, counseling profession in various setting in, community and within school systems.

**COED 650 Diagnosis and Treatment (3 Credits)**

This course will provide an in depth review of a broad spectrum of psychopathological conditions as defined in the DSM-5. The focus of this review will include the etiology, prevalence & incidence, signs & symptoms, and criteria for differential diagnosis. The emphasis of this review will be on comparing and contrasting different theoretical perspectives on each disorder, as well as reviewing the empirical literature in support of these theoretical perspectives. As a graduate level course, this review will be at an advanced level and presumes mastery of the content of an undergraduate Abnormal Psychology course.

**COED 677 Foundations of Career Development & Counseling (3 Credits)**

This course provides candidates with knowledge, skills, and competencies to respond appropriately to the attitudes, behaviors, feelings and thoughts of students implementing the career counseling function. Additionally, candidates will learn how to assist students in acquiring, processing and applying information relative to themselves and the world of work. This course is also designed to assist the candidate in synthesizing theoretical constructs and application of theory in all career development areas.

**COED 680 Intro to Counseling Supervision (3 Credits)**

This course provides the foundation for learning, theories and practices of consultation and, supervision, including legal and ethical issues., The course includes 3 broad content areas: (a), counseling supervision fundamentals, interpersonal, and developmental processes, clinical content,, evaluation, gate-keeping, and administrative and, case-management tasks (b) individual supervision, models, approaches, theories and additional, supervision formats; and (c) teaching, learning,, and developmental processes for becoming a, supervisor. During this course, candidates explore, supervision and consultation as unique skills and, practices for counseling professionals and, counselor educators. Candidates develop their, understanding of the purposes of clinical, supervision and consultation, theoretical, frameworks and models of supervision and, consultation, the roles and relationships related, to clinical supervision and consultation, and, legal, ethical and multicultural issues associated, with clinical supervision and consultation.

**COED 700 Psychopathology (3 Credits)**

This course is designed to provide an integrated, approach for treatment of psychopathology for, helping professionals in counseling and other, behavioral health professions. This course covers, a wide range of definitions and models that focus, on psychological disorders, functioning and, abnormal psychological behaviors, and conditions, of psychopathology based in the DSM-V with an, applied understanding of the diagnostic processes,, client symptomatology and step by step treatment., Coursework is comprehensive to include, multicultural and multiphasic aspects. The focus, of this course is on psychopharmacology, prevalent, psychotherapies, and theories of abnormal behavior, and development in clinical settings which, includes using the principles and practices of, assessment, diagnosis, treatment, referral, crisis, intervention and prevention of mental health, disorders to initiate, maintain, and terminate, treatment in a variety of behavioral health, settings.

**COED 710C Counseling Practicum I (3 Credits)**

The course is designed to provide an orientation, for candidates as they begin supervised work in, the counseling profession. During this initial, practicum experience, the candidates will apply, knowledge and skills learned throughout the, program in working with clients in a supervised, field placement. The candidates are required to, complete 100 clock hours which are to be fulfilled, in an academic term which include a minimum of 80, hours per term of direct contact (counseling), hours with clients and a minimum of 10 hours of, group work. The remaining 20 hours per term, consists of indirect hours accrued performing, other counseling-related duties. Candidates, receive 1 hour of individual supervision by site, and university supervisors weekly and 1-2 hours of, group supervision during the academic term. The, experiences must be approved by the Practicum, Supervisor and Professor.

**COED 720 Crisis and Trauma Intervention (3 Credits)**

This course is designed for students to have a, conceptual and practical idea of the local,, national, and global impact of crises, disasters,, and other trauma-causing events while learning a, basic understanding of the operations of an, emergency management system within clinical mental, health agencies and in the community. The course, addresses the principles and strategies of crisis, intervention for individuals and communities, during crises, disasters, and other trauma-causing, events and knowing the principles, models, and, documentation formats of biopsychosocial case, conceptualization and treatment planning (CACREP, Standards, 2016). Students will explore various, assessments, interventions, methods, skills, application, and crisis treatment issues in, various crises and trauma causing situations while, recognizing the overall effect on those suffering, with traumatic stress due to various crises and, trauma events as well as the effects on the mental, health providers.